Department Of Social Work Holy Cross College (Autonomous), Nagercoil

Kanyakumari District, Tamil Nadu. Accredited with A⁺ by NAAC - IV cycle – CGPA 3.35

Affiliated to **Manonmaniam Sundaranar University, Tirunelveli**



Semester I & II Guidelines & Syllabus DEPARTMENT OF SOCIAL WORK



2023-2026 (With effect from the academic year 2023-2024)

Issued from THE DEANS' OFFICE

Vision

Empowering the young women as change makers in the society through networking with various agencies, inculcating professional values and attributes which lead to the holistic development of the society.

Mission

- To motivate the students towards social concern and problems through inculcation of democratic and humanitarian values.
- Sensitize the various issues in the society for the empowerment of marginalized and vulnerable people.
- Applying skills in social work practice and social work research in different fields for achieving desirable changes and development.
- To facilitate entrepreneurship and career guidance through activity-based learning.
- To create global competencies through internship programme.

PEOs	Upon Completion of MSW Degree programme, the graduates will be able to:	Mappi ng with Mission		
PEO - 1	The graduates use scientific knowledge to solve social issues and pursue research.	M1,M2, M3 ,M4		
PEO - 2	Our graduates will continue to learn and advance their careers in industry both in Public and private sectors, government and academia.			
PEO - 3	The graduates will attain professional knowledge and practice to work in different fields of Social settings transferring one's knowledge, skills and expertise to community (Community can incorporate local, municipal, national and international scope) with professional ethics and values	M2,M3, M4 ,M5		

Programme Educational Objectives (PEOs)

Program Outcomes(PO	s)
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POs	Upon completion of M.S.W. programme ,the graduates will be able to:	Mapping with PEOs
PO-1	Design and undertake individual research and innovative technologies which will contribute to the future ideological and societal development.	PEO-1
PO-2	Articulatecriticallytoaddresstheemergingnationalandglobalchallengeswithan ethical outlook.	PEO-3
PO-3	Equip to practice personal reflection and self-correction to assure continual professional development.	PEO -3
PO-4	Apply knowledge of social systems and human behavior to promote social change, problem solving in human relationship.	PEO -3
PO-5	Integratevarioustheoriesandmethodologiesrelatingtosocialandenvironmental contexts	PEO -3
PO-6	Perform with professionalism and team spirit, exhibiting leadership, communication, and managerial skills.	PEO -3
PO-7	Train professional social worker to be independent and lifelong learning in the broadest context of socio-cultural, economic, environmental, political and psychological changes in the society.	PEO -2

PSOs		Mappi ng with POs
PSO1	Develop the ability to identify, formulate, and analyze complex social problems using social work knowledge through placements in service organizations and in the open community.	PO4
PSO2	Acquire skills to practice the values and ethics of social work with diverse and vulnerable populations	PO 2
PSO3	Apply social work methods, research-based activities, and research to facilitate a realistic understanding and contribute to societal development	PO 1
PSO4	Develop appropriate resources, use technology, and employ innovative methods to enhance theoretical knowledge and practical wisdom	PO1, PO3
PSO5	Conduct appropriate programs for sustainable development by providing orientation on environmental transformation and developing knowledge about sustainable development	PO 5
PSO6	Enhance interpersonal and intrapersonal skills for efficient and competent personal and professional role performance within various groups of professional and para-professional teams.	PO6, PO7

Programme Specific Outcomes (PSOs)

Eligibility Norms for Admission

Apassingminimumof50% in any Bachelor Degree under any recognized university.

DurationoftheProgramme:2year

Medium of Instruction: English

Passing Minimum:

A minimum of 50% in the external examination and an aggregate of 50% are required. There is no minimum pass mark for the Continuous Internal Assessment

Components of Social Work Programme

	Components	Maximum Marks/Cour se	Total Marks
Major	Core-TheoryPapers	10x100	1000
	Elective -TheoryPapers	4x100	400
	Research Project	1x100	100
	Block Placement	3x100	300
	Core-Practical	4x100	400
	Total Marks		2200

12. Examination Pattern

i) Major Core/ Elective

Internal: External–25:75

Continuous Internal Assessment (CIA)

Internal Components and Distribution of Marks

Components	Marks
Internal test (2)	10
Quiz (2)	5
Seminar	5
Assignment: (Model Making, Exhibition, Role Play, Group	5
Discussion, Problem Solving, Class Test, Open Book Test (Minimum	
three items per course)	
Total	25

Question Pattern

Internal Test	Marks	External Exam	Marks
Part A 4 x 1	4	Part A 10 x 1 (No choice)	10
Part B 3 x 4	12	Part B 5 x 6 (Internal choice)	30
Part C 3 x 8	24	Part C 5 x 12 (Internal choice)	60
Total	40	Total	100

i) Life Skill Training

Internal Component

Components	•	Marks
	Album (20 pages)	40
Life Skill Training-I	Group Song, Mime, Skit (Group of 5 students)	20
	Total	60
Life Skill Training-II	Case Study (30pages)	60
	Total	60

External Component

Written Test	Five out of Seven (5 x 8)	40
	Total	40

(iii) SLP-UBA

Internal C	ponent	
Component	Marks	
Attendance (Field Work)	30	
Participation	20	
Г	al 50	

External Component				
Component	Marks			
Group Project Report/Case Study	50			
(10-15pages in print)				
Tota	50			

Field work instruction

Practical training is an integral part of social work education. This practical training is given to the students during the two years of study through various programmes such as orientation programme, observation visits, Rural camp, Community organization Programmes, school social work, study tour, Summer Placement training, Block Placement Training and Research Work.

Students can be involve in intervention during emergency situations like riots, cyclone and earthquake and specific time-bound, issue- based campaigns (this is asper NAAC Manual for Self-Study of Social work Institutions, October2005)

Fieldwork is the core curricular activity of the MSW course. Hence, 100% attendance of the student is mandatory. In case of absentees on any count, additional field work needs to be planned and scheduled. Work hours should be completed.

Working Days

A student has to work on two days a week for Skill Enhancement course. Every week15 hours of concurrent fieldwork (7.5hours+7.5hours) on the said two days is mandatory. Compensation of fieldwork is admissible only on the grounds of prolonged illness /disability/reasonable cause as decided by the members of the faculty in a department meeting

Role of Field Work Supervisors (Faculty Members)

Hold individual conferences of at least 10 minutes 'duration per student, per week.

Check students' recordings on a weekly basis make written comments on the record and discuss the same in the individual conferences.

Conduct at least one group conference in a week Make regular visits to the field work settings for discussion of the students plans and progress.

Faculty field work supervisors are actively involved in the field works setting.

Written/audio/video recordings of students'field work are used for classroom teaching

Teaching Methodology

The curriculum transaction will involve Lectures, interactive discussions, Group assignments/discussions, providing reading material for reflection and discussions, Article/news item reviews, Skill labs, individual conference, community outreach, Field based case studies/discussions and analysis, Field Visits and Guest Lectures

Course Structure Distribution of Hours and Credits

Academic Courses:

Course	Sem.I	Sem.II	Sem	Sem.	Total	
			.III.	IV	Hours	Credits
Core–Theory	6(4) +	6(4)+	6(4) +	6(4) +	66	44
	6(4) +	6(4)+	6(4)	6(4) + 6(4)		
	6(4)	6(4)				
Core -Practical	6(3)	6(4)	6(4)	6 (3)	24	14
Elective-Theory	4(3)	4(3)	4(3)+ 4(3)	-	16	12
Project	-	-	-	6 (4)	6	4
Skill Enhancement Course	-	(1)	2(2)	-	2	3
Ability enhancement Compulsory Course Soft Skill	2(2)	2(2)	2(2)		6	6
Block field Work/ Summer Internship	-	(2)	(2)	(2)	-	6
Professional Competence Course	(1)	-	-	(1)	-	2
Total	30 (21)	30 (24)	30(24)	30 (22)	120	91

Total Number of Hours = 120

Courses offered

		Courses onered		
Semester	Course Code	Title of the Course	Hours / Week	Credits
	WP231CC1	Core Course I - Social Work Profession	6	4
	WP231CC2	Core Course II - Social Case Work	6	4
	WP231CC3 Core Course III - Social Group Work		6	4
Ι	WP231CC4	Core Course IV - Field Work – I	6	3
	WP231EC1	Elective Course I - Society and Human Behaviour (or)	4	3
	WP231EC2	Sociological and Psychological Foundations for Social Work		5
	WP231AE1	Ability Enhancement: Communication for Social Work	2	2
	WP231PC1	Professional Competence: Rural Camp	-	1

				Total	30	21				
	WP232CC1	Core Course Action	munity Organization and Social	6	4					
	WP232CC2	Core Course	6	4						
	WP232CC3		Core Course VII - Social Welfare Administration and Social Legislation							
	WP232CC4	Core Course		eld Work – II	6	4				
II	WP232EC3	Elective Cou	rse II- E	ntrepreneurship Development						
	WP232EC4		G	(or) reen Social Work	4	3				
	WP232SE1	Skill Enhance Alternative M Class Hour)		ourse I eatre for Transformation (Outside the	-	1				
	WP232AE2	Ability enhar	Ability enhancement: Life Skills for Social Work							
	WP232SI1	Internship Summer Intern	-	2						
			Total							
	WP233CC1	Core	CD	Rural Community Development	- 6	4				
	WP233CC2	Course IX	M&P	Medical Social Work	0	-				
	WP233CC3	Core	CD	Tribal Development in India						
	WP233CC4	Course X	M&P	Mental Health and Psychiatric Disorders	6	4				
	WP233CC5	Core Course	6	4						
	WP233EC5	Elective Cour	Elective Course III- Disaster Management (or)							
ш	WP233EC6	-		Corporate Social Responsibility	4	3				
	WP233EC7	Elective Cou	rse IV- P	ublic Health in India (or)	4	3				
	WP233EC8	v	Counselling in Social Work							
	WP233SE2		Skill Enhancement Course II Skills for Competitive Examinations							
	WP233AE3	Ability enhan Workers	cement:	Employability Skills for Social	2	2				
	WP233SI2	Internship Summer Intern	nship Tra	ining	-	2				
				Total	30	24				
	WP234CC1	Core	CD	Urban Community Development		Α				
187	WP234CC2	Course XII	M&P	Psychiatric Social Work	6	4				
IV	WP234CC3	Core	CD	NGO Management						
	WP234CC4	Course XIII	M&P		6	4				

	WP234CC5	Core	CD	Social Work practice in project managment	- 6	4	
		Course XIV	M&P	Therapeutic Intervention in Social Work		4	
	WP234CC5	Core Course	6	3			
	WP234PR1	Project with	6	4			
	WP234BF1	Block Field V	-	2			
	WP234PC1	Professional Study Tour	Compete	ncy Course	-	1	
			TOTAL				

Co-curricular Courses

Semester	Code	Title of the Course	Credit
I & II	PG23LST1	Life Skill Training	1
II&IV	-	MOOC	1+1
II	PG232CE1	Community Engagement Course (CEC)	1
III & IV	PG23LST2	Life Skill Training	1
I &III	WP231SV1/ WP231SV1	Specific Value-added Course	2
II & IV	PG232GV1/ PG234GV2	Generic Value-added Course	2
	-	Total	9

Total Number of Credits = 91 + (9) Non-academic courses are mandatory and conducted outside the regular working hours.

FIRST YEAR: SEMESTER I SOCIAL WORK PROFESSION

ĺ	Course Code	L	Т	Р	S	Credits	Inst. Hours	Total	Marks		
								Hours	CIA	External	Total
ĺ	WP231CC1	4	2	-	-	4	6	90	25	75	100

Prerequisites: To understand the Social Work

Learning Objectives:

- 1. To understand the evolution of Social Work and its emergence as a Profession.
- 2. To enable the students to comprehend the significance of professional values, ethics in both micro and macro social work practice

	Course Outcomes	
	On the successful completion of the course, student will be able to	
1	Aware an in-depth knowledge on the basic concepts of Social Work.	K1
2	Understand the historical background of Social Work in west and India.	K2
3	Articulate the student to be familiar with Philosophies, Ethics and Values of Social Work.	K3
4	Analyse the significance of Models in Social Work.	K4
5	Evaluate implication of Social Work Education and Field Work.	K5
6	Develop the Social Workers to apply the methods and techniques of Social Work in various settings.	K6

K1-Remember, K2-Understand, K3-Apply, K4-Analyze, K5-Evaluate, K6-Create

Units	Contents	No. of.									
Ι	Fundamental concepts of Social Work: Social Work - Definition, Objectives,	18									
	Philosophy and scope. Concept of related term: Social Service - Social										
	Development - Social Transformation - Social Reform - Social Defence -										
	Difference between Social service and Social Work - Introduction to the Methods										
	of Social Work.										
II	Historical Development of Social Work: Evolution of Social Work in the West	18									
	(UK and USA), Social Work in India, Religious Foundation of Social Work in										
	India, Gandhi an thoughts of Social Work.										
III	Philosophies and Ethics of Social work: Social Work as a Profession: Nature	18									
	and characteristics of a profession. Social Work Values - Code of Ethics in										
	Social Work practice, Social Work Principles, Models of Social work., Roles and										
	Responsibilities of a Professional Social Worker										
IV	Development of Social Work Education: Social Work Education in India -	18									
	Focus, Nature and Content of Social Work Education, Field Work in Social										
	Work Profession: Objectives, Need and Importance - Significance of Field Work										
	Supervision .Role of Voluntary Organizations and Government in										
	promoting										
	Social work profession in India. National and International Professional										

	Associations. Social Work Profession and Education in Global perspective.	
	Problems and Prospects of Social work profession in India.	
	Social Work Practice in Different settings - Fields of Social Work practice:	
V	Community Settings, Family and Child Welfare – Educational Settings - Medical	18
	and Psychiatric settings - Industrial Settings - Correctional Social Work - Social	
	Work with Marginalized and Vulnerable sections - Persons with Disability and	
	Social Work, Geriatric Social Work.	

Self	Unit-V Fields of Social Work Practice
Study	

Books for References

- 1. Antony, A. Vass 1996 New directions in social work social work competencies core knowledge values and skills, New Delhi: sage publications.
- 2. Banks, S. 1995 Ethics and values in social work; practical social work series, London: Macmillan press Ltd.
- 3. Bogo, Marion. 2007. Social Work Practice Concepts, Processes & Interviewing. Jaipur: Rawat Publications.
- 4. Cox, David & Manohar Pawar. 2006. International Social Work Issues, Strategies and Programs. New Delhi: Vistar Publications.

Web Resources

- 1. https://www.ifsw.org/what-is-social-work/global-definition-of-social-work/
- 2. https://www.socialworkers.org/News/Facts/Types-of-Social-Work
- 3. https://www.cswe.org/Students/Discover-Social-Work/What-is-social-work
- 4. https://www.socialworktoday.com/
- 5. https://www.iassw-aiets.org/
- 6. https://www.socialworker.com/

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

	PO	PO	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PS
	1	2						1		3		5	06
CO1	2	3	3	2	1	1	1	1	2	1	1	1	2
CO2	1	2	2	2	2	1	2	2	2	1	1	1	3
CO3	2	2	3	2	3	2	3	2	3	2	2	2	2
CO4	3	3	3	3	3	2	3	3	3	3	3	3	3
CO5	3	3	3	3	3	3	3	3	2	3	3	3	3
CO6	3	3	3	3	3	3	3	3	3	3	3	3	3
Total	14	16	17	15	15	12	15	14	14	13	13	13	16
Aver age	2.3	2.7	2.8	2.5	2.5	2	2.5	2.3	2.3	2.2	2.2	2.2	2.7
3 -	- Stro	ng	1	1	2 – Me	dium	1	1	1 - L	ØW	1	1	1

FIRST YEAR: SEMESTER I SOCIAL CASE WORK

Course Code	L	Т	Р	S	Credits	Inst. Hours	Total	Marks		
							Hours	CIA	External	Total
WP231CC2	4	2	-	-	4	6	90	25	75	100

Prerequisites: To understand work with individuals

Learning Objectives

- 1. To gain the knowledge of conceptual foundations of social Case Work
- 2. To understand the basic concepts of casework as a primary method of social work
- 3. To develop the skill to analyze problems of individuals and families and factors affecting them.
- 4. To know the values, principles, tools and techniques of social case work
- 5. To impart knowledge of the scope of using the social work methods in various settings

On the successful completion of the course, student will be able:	
CO1: To get knowledge about the different problems faced by the Individuals	K1
CO2: To enhance knowledge on social case work skills in social case work practice.	K2
CO3: To understand the process of casework intervention with client.	K2
CO4: To enhance the ability towards problem solving process.	K3
CO5: To create the ability to critically analyze problem of individuals and factors affecting them.	K6
CO6: To develop the competencies and skills for Practice with different settings	K6

Units	Contents	No. of. Hours
Ι	Social Casework as a method of Social Work : Concepts, Meaning, objectives, purpose, Historical Development of Social Case Work in West and India. Nature and Scope, its importance and relationship with other methods of Social Work, Principles of Case Work. Skills in social case work. Case Worker – Client relationship and the use of Professional Self, Problems in professional relationship.	21

II	Tools and techniques in Case Work: Tools and techniques in casework:	21									
	observation, interview, collateral contacts, home visits, referrals, Verbal and										
	nonverbal communication, Techniques in practice- ventilation, emotional										
	support, advocacy, Environment modification, modeling, role-playing,										
	confrontation, – Case history taking, Recording – Uses, principles, types,										
	structure and content. Use of genograms, and eco-maps, family schema in										
III	records.	21									
111	Case Work Components and Process: Components of Case Work, Process	21									
	of Case Work: Intake; Study; Assessment / Social Diagnosis; Treatment /										
	Intervention; Evaluation: Termination; Follow-up. Social Case Work										
	intervention: Direct a n d i n d i r e c t multi –dimensional										
	intervention. Transference and counter-transference in social case work										
IV	Theoretical Approaches to Case Work / Models of case work practice:	21									
	Psychosocial model, Functional model, Life model, Problem solving model,										
	Crisis intervention, Eclectic approach, Family centered approach, Behavior										
	Modification, a n d eco-system perspective in social										
	casework. Psychotherapy, Counseling and Social Case Work- similarities										
	and differences;										
	Social Case Work application / Practice in different settings : Case										
N7	Social Case Work application / Tractice in unrefent settings . Case	21									
V	work practice in different settings in India	21									
	Social case work practice with Family and Child Welfare, Educational										
	settings, Industrial settings, De-addiction, Community, Medical and										
	Psychiatric institutions .Correctional settings: geriatric care & aged and the										
	terminally ill, persons with disability, de-addiction, Rehabilitation centers,										
	Delinquency,										

 Self
 Unit-V - Case Work practice in different settings

 Study
 Image: Case Work practice in different settings

Books for References

- 1. Healy, K. 2012, Social Work Methods and Skills, Palgrave MacMillan
- Bogo, M. (2007). Social work practice: Concepts, process & Interviewing, Rawat Publication.
- Misra .P.D. 1994, Social Work Philosophy and Methods, Inter-India Publications, New Delhi
- Misra P.D., Beena Misra, 2004, Social Work Profession in India, New Royal book Com. Lacknow
- Mathew, Grace (1992) An Introduction to Social Casework. Bombay: Tata Institute of Social Sciences.

Web Resources

- 1. https://www.russellsage.org/sites/default/files/Richmond_What%20is%20Social_0.pdf
- 2. http://ddceutkal.ac.in/Syllabus/MSW/Paper-5.pdf
- 3. https://www.socialworkfootprints.org/videos/social-casework-philosophy-principlesand-components
- 4. https://www.yourarticlelibrary.com/sociology/social-casework-processes-study-and-diagnosis/36564
- 5. https://www.slideshare.net/surendrashah6/complete-note-of-casework
- 6. https://www.socialworkfootprints.org/videos/social-casework-practice-in-indiansociety-relevance-scope-and-influence-of-culture
- 7. http://www.ignou.ac.in/upload/bswe-02-block1-unit-3-small-size.pdf

	AND FROGRAMME SPECIFIC OUTCOME												
	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6
	1							1		3		5	
CO1	1	1	2	2	1	1	1	2	2	1	2	3	1
CO2	2	2	2	2	3	1	2	3	2	2	3	3	3
CO3	1	2	2	2	2	2	3	3	3	2	2	3	2
CO4	3	3	3	2	3	2	3	3	3	2	3	3	3
CO5	3	3	3	3	3	2	3	3	3	3	3	3	3
CO6	3	3	3	3	3	3	3	3	3	3	3	3	3
Total	13	14	15	14	15	11	15	17	16	13	16	18	15
Average	2.2	2.3	2.5	2.3	2.5	1.8	2.5	2.8	2.7	2.2	2.7	3	2.5

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

3 – Strong

2 – Medium

1 - Low

FIRST YEAR: SEMESTER I SOCIAL GROUP WORK

Course	L	Т	Р	S	Credits	Inst. Hours	Total	Marks		rks	
Code							Hours	CIA	External	Total	
WP231CC3	4	2	-	-	4	6		25	75	100	

Prerequisites: Basic Understanding of Social Work

Learning Objectives

- 1. To understand group work as a method of social work and to understand concept, values, principles of Social Group Work
- 2. To acquire skills and techniques required for group worker
- 3. To develop the ability to critically analyze problems of groups and provide suitable intervention.
- 4. To apply the models of Social Group Work in different settings.
- 5. To identify the settings and fields for the practice of Social Group Work method

On the successful completion of the course, student will be able:	
CO1: To be aware about the concept, characteristics, values and principles of Social Group	K1
Work	
CO2: To apply suitable theories and models to resolve the problems of Groups.	K3
CO3: To Critically choose and implement interventions to achieve social group work goals.	K4
CO4: To analyze competencies and skills for working with different groups in various practice settings.	K4
CO5: To analyze and implement empirically-based group interventions and evaluating group effectiveness.	K4
CO6: To demonstrate the process of group experience and professional development	K5

Units	Contents	No. of. Hours
I	Introduction to Social Group Work: The Group: Definition, characteristics, types, functions and group structure. Social Group Work: Definitions, objective, Values and Principles of Social Group Work. Skills and Roles of Social Group Worker. History of Social Group Work in India and abroad. Social Group Work as a method of Social Work.	21
П	Group Dynamics and Group functioning: Dynamics of Groups: Bond, Acceptance, Isolation, Rejection, Subgroups, Conflict and Control. Group Membership, Group Norm, Group Cohesiveness, Group Culture, Group	21

	Morale, Group Attraction. Leadership and Communication in groups.	
	Relationships- Sociometry	
III	Group formation and Group work process: Group Formation Phases:	21
	Forming- Storming, Norming, Performing, Adjourning. Group Work	
	Process: Phases of Social Group Work Process, Intake, Study, Analysis and	
	Assessment, Negotiating, Contracts, Treatment, Evaluation, Termination,	
	Stabilization of change effort	
IV	Types and models of group work: Models of Social Group Work:	21
	Remedial, Mediating or Reciprocal, Developmental, Social Goal Model and	
	Consensus Model. Skills, Qualities and Roles of Social Group Worker.	
	Group therapy: Significance of Group therapy. Recording in Social Group	
	Work:	
	Principles, Structure and Types.	
	Application of Social Group Work: Application of Social Group Work in	
V	School Settings, Community Settings, Health Settings, Family Welfare	21
	Settings, Industrial Settings, Women welfare and Child care Settings,	
	Correctional Settings.	

Self	Unit-V Application of Social Group Work
Study	

Book References

- 1. Bradler ,S and Roman C.P (2016) Group work Skills and strategies for effective
- 2. Interventions New York: The Howorth Press.
- 3. Delbecq, A. L. and Van de Ven, A. H. (1977) 'A group process model for problem identification and program planning', in N. Gilbert and H. Specht (eds), Planning For Welfare, Englewood Cliffs, NJ, Prentice-Hall.
- 4. Gerald Corey (2000) Theory and practice of group counseling, Wordsworth, London.
- 5. Siddiqy, H Y (2008), Group Work: Theories and Practices, Rawat Publications.
- **6.** Trecker, Harleigh B (2020) Social Group Work: Principles and Practice, New Delhi, Pranava Books.

Web Resources

- 1. https://www.socialworkin.com/
- 2. https://socialwelfare.library.vcu.edu/social-work/social-group-work-theory-andpractice/
- 3. <u>https://mgcub.ac.in/</u>
- 4. https://www.socialworkin.com/
- 5. https://mgcub.ac.in/pdf/material/2020041217303055424e9f93.pdf

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6
	1							1		3		5	
CO1	1	1	1	1	1	1	1	1	1	1	1	3	1
CO2	3	3	2	3	2	3	3	3	2	3	2	3	1
CO3	3	3	3	3	3	3	3	3	3	3	3	3	3
CO4	2	3	3	3	3	3	3	3	3	3	3	3	3
CO5	3	3	3	3	3	3	3	3	3	3	3	3	3
CO6	3	3	3	3	3	3	2	3	3	3	3	3	3
Total	15	16	15	16	15	16	15	16	15	16	15	18	14
Average	2.5	2.7	2.5	2.7	2.5	2.7	2.5	2.7	2.5	2.7	2.5	3	2.3

3 – Strong 2 – Medium

1 - Low

FIRST YEAR: SEMESTER I FIELD WORK – I

Course Code	L	Т	Р	S	Credits	Inst. Hours	Total		Marks	
							Hours	CIA	External	Total
WP231CC4	4	2	-	-	3	6	90	50	50	100

Prerequisites: Basic Understanding of Non-Governmental Organizations

Learning Objectives

- 1. To Understand different fields/settings of Social Work practice
- 2. To Understand basic skills required to practice Social Work
- 3. To demonstrate Competencies to face challenging tasks in the field from a social work perspective
- 4. To identify the challenges of Individuals, groups and communities from a Macro and Meso perspective

On the successful completion of the course, student will be able:	
CO1: To integrate the classroom learning with field practice - the knowledge related to different field settings- establishment of NGO'S and its work with the beneficiaries	K1
CO2 : To understand the application of different skills related to case work ,Group work and other methods of Social Work	K1
CO3: To realize one's development of self and conduct oneself professionally in the field	K2
CO4: To apply and practice skills acquired in the process of learning in handling various types of clienteles	K3
CO5: To assess the concept of field learning and learn about working in different settings	K5
CO6: To apply social work competencies to resolve social problems	K3

Units	Contents	No. of.
		Hours
Ι	Organizational Profile: History of the Agency, Vision, mission, Organization	21
	Chart, funding resources, different types of beneficiaries, its work in the field,	
	networking agencies	
II	Various Methods of Social Work – Skills required in the practice of Case	21
	work, Group Work, community organization and Social Research, Assessment	
	of the community profile	
III	Specific Areas of work of the Agency – Its expertise in the area of work,	21
	staff resources, and locations of work, networking and challenges faced	

IV	Services provided by the agency to the beneficiaries- Follow up and termination of services, adherence to professional ethics, Documentation and	21
	Report presentation	
V	Social Legislation: Legislations applicable to the Organization, Legislations for women and children	21

Self	Unit-V Legislations applicable to the Organization
Study	

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

	AIL I ROOKAININE DI ECHTIC OUTCOME												
	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6
	1							1		3		5	
CO1	1	3	1	3	2	3	2	1	3	1	1	1	1
CO2	1	3	3	3	3	2	2	2	3	1	2	2	2
CO3	2	3	3	3	3	2	2	2	3	2	2	2	2
CO4	3	2	3	3	3	3	3	3	3	3	3	3	3
CO5	3	2	3	3	2	3	3	3	3	3	3	3	3
CO6	3	2	3	3	3	3	3	3	3	3	3	3	3
Tota l	13	15	16	18	16	16	15	14	18	13	14	14	14
Ave rage	2.2	2.5	2.7	3	2.7	2.7	2.5	2.3	3	2.2	2.3	2.3	2.3

3 – Strong

2 – Medium

1 - Low

FIRST YEAR: SEMESTER I SOCIETY AND HUMAN BEHAVIOUR

Course Code	L	Т	P	S	Credits	Inst. Hours	Total	Marks		
							Hours	CIA	External	Total
WP231EC1	3	1	-	-	3	4	90	25	75	100

Prerequisites: Basic Understanding of Society and Psychology

Learning Objectives

- 1. To understand basic social concepts in the context of changing social phenomenon
- 2. To apply the concepts of Sociology in Social Work practice.
- 3. To understand the basic concepts in Psychology and Understanding Human Behaviour
- 4. To understand the realm of social issues and its Socio- economic linkages and its link with human behavior
- 5. To analyse various dimensions of Social Problems and Sociological response to it
- 6. To acquire social work knowledge and competencies

On the successful completion of the course, student will be able:	
CO1: To get the basic knowledge on the concepts of Psychology and Social Behaviour	K1
CO2 : To understand various patterns of Social Interaction and social process	K2
CO3: To apply social work competencies to resolve Social problems	K3
CO4: To analyze Social Stratification and the impact of changing Societies	K4
CO5: To evaluate various social issues and its link with human behavior and existing agencies of Social control.	K5
CO6: To create awareness to tackle the social problems by the vulnerable groups	K6

Units	Contents	No. of.
		Hours
Ι	Introduction to Sociology and Social Work: Introduction to Sociology and	21
	Social Work -Definition of Sociology, basic concepts- Society, Community	
	Institution, Association -Meaning and Characteristics. Culture- Definition,	
	characteristics and Cultural lag, Role of Culture in Society, Folk ways	
	&Mores. Relationship between Social Work and Sociology and its	
	Significance, Socialization- Meaning, theories of C.H.Cooley and G.H.Mead,	
	Agencies of Socialization. Status and Role- Types & features	

II	Social Interaction and Social process: Social Interaction and Social process: - Associative and Dissociative Process-types- Conflict, Competition, Accommodation, Assimilation - Characteristics, Similarities and Differences	21
III	Basic Concepts of Human Behavior : Introduction to Psychology:Definition and branches of Psychology – Psychology for Social Workpractice - Sensory Process and Perception: Process of Perception -Learning: Classical Conditioning and Operant Conditioning -Behaviour- Definition –Biological basis of Behaviour Structure andFunctions of the Nervous system, States of Mind-consciousness,hallucinations. Theoriesof Human Development, Developmental milestones.	21
IV	 Social Institutions &Social Stratification: Social Institutions - Marriage, Family, Kinship, Religion, Education, Economic system and Judiciary- Characteristics and Significance. Social Stratification - Features, Caste, Class & Race- Changing trends, Power structure, Social Mobility, Modernization, Globalization, Sanskritization Social Change -Nature, characteristics factors and theories related to Social Change 	21
V	Social Control: Social Control-Agencies of Social Control, Conformity & Deviance Social Problems -Major Social Problems in India- Causes and factors responsible for Social problems, Untouchability, Slavery, Domestic violence, Dowry, Social Movements.	21

Self	Unit-V Social Problems
Study	

Books for References

- 1. Feldman, R.S. (2004). Understanding Psychology (6th Edition), New Delhi, Tata- McGraw Hill.
- 2. Haralambos. (2014). Sociology: Themes and perspectives. Harper Collins; Eight edition
- 3. Madan, G.R. (2002) .Indian Social Problems, Mumbai : Allied Publishers Pvt. Ltd
- 4. Morgan, C.T., King, R.A., Weisz, J.R., &Schopler, J (2004) Introduction to Psychology. New Delhi: Tata McGraw-Hill book Co.
- 5. Ram Ahuja (2014) Social Problems in India, Third Edition, Rawat Publications
- 6. Hutchison, E. (2007). Dimensions of Human Behavior: Person and Environment. Thousand Oaks: Sage Publications, Inc
- 7. Rajendra K Sharma (2007), Social change and Social Control, New Delhi, Atlantic Publishers.
- 8. Shah, G. 1990. Social Movements in India: A Review of Literature. New Delhi: Sage Publications.
- 9. Zastrow, C. & , K. (2010). Understanding Human Behavior and the Social Environment. Chicago: Nelson-Hall.

Web Resources

- 1. www.egyankosh.ac.in/handle/123456789/43
- 2. https://www.epw.in
- 3. https://onlinelibrary.wiley.com
- 4. https://www.frontiersin.org
- 5. https://sagepub.com
- 6. https://ir.inflibnet.ac.in

				AND I	PROG	RAMM	E SPEC	CIFIC (DUTCO	ME			
	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6
	1							1		3		5	
CO1	1	1	1	1	1	1	1	1	2	1	1	3	2
CO2	1	2	2	2	2	2	2	2	2	1	2	2	3
CO3	2	2	2	3	3	3	2	3	3	2	3	3	3
CO4	2	3	3	2	3	3	2	3	3	3	3	3	3
CO5	2	3	3	3	3	3	2	3	3	3	3	3	3
CO6	3	3	3	3	3	3	3	3	3	3	3	3	3
Total	11	14	14	14	15	15	12	15	16	13	15	17	17
Avera ge	1.8	2.3	2.3	2.3	2.5	2.5	2	2.5	2.7	2.2	2.5	2.8	2.8

MAPPING WITH PROGRAMME OUTCOMES

3 – Strong

2 – Medium

FIRST YEAR: SEMESTER I SOCIOLOGICAL AND PSYCHOLOGICAL FOUNDATIONS FOR SOCIAL WORK

Course Code	L	Т	Р	S	Credits	Inst. Hours	Total	Marks		
							Hours	CIA	External	Total
WP231EC2	4	1	-	-	3	5	90	25	75	100

Prerequisites: Basic Understanding of Sociology and Psychology

Learning Objectives

- 1. To understand the basics of Psychology
- 2. To establish the linkage between psychology, sociology and Human behaviour for effective social work practice
- 3. To understand the principles of Human Growth and Development
- 4. To understand the dynamics of human and social behaviour
- 5. To analyse social problems and evaluate the causes for social problems
- 6. To understand about Social Institutions

On the successful completion of the course, student will be able:	
CO1:To get an in-depth knowledge on the basic concepts of Psychology.	K1
CO2 : To understand the basic principles of Human growth and Development	K2
CO3: To develop understanding on the basic concepts of society and social change	K6
CO4: To analyse the basics of Social Interaction and Social processes	K4
CO5: To analyse the social Institutions and critically evaluate modern trends in social	K4
institutions	
CO6: To create awareness to tackle the social problems by the vulnerable groups	K2

Units	Contents	No. of. Hours
Ι	Introduction to Psychology: Definition and branches of Psychology –	21
	Psychology for Social Work practice - Sensory Process and Perception:	
	Process of Perception - Learning: Classical Conditioning and Operant	
	Conditioning - Memory: Sensory memory, Short-term memory, long	
	term	
	memory, forgetting, improving memory	
Π	Human Development: Developmental Psychology - Meaning and	21`
	principles of growth and development, heredity, environment and	
	ecological influences – family and community - Brief outline of	
	Human Development:	
	Characteristics, developmental tasks, personal and social adjustments, vocational, family / marital adjustments and hazards in each stages such as: Prenatal period, infancy and babyhood - Childhood, Puberty & Adolescence - Adulthood – Middle Age and Old Age	
III	Introduction to Society: Definition - meaning and characteristics -	21
	Culture: Definition, characteristics, structure, functions, reasons for	
	cultural - development and cultural change, subculture, contra-culture	
	Status & Role: Types and Characteristics - Social Stratification:	
	Definition, Characteristics,	
	Caste, Class& Race. Social Change: Meaning, Characteristics, Change	
IV	Introduction to Groups: Groups - Definition, Characteristics and	21
	Classification of Groups Primary groups and Secondary Groups - Social	
	Interaction & Social Process: Competition, Co-operation, Conflict,	
	Accommodation & Assimilation Socialization: Definition,	
	Characteristics,	
	Types and Agencies of Socializations -Theories of Socialization	
V	Social Institutions: Types of Social institutions: Marriage, Family,	21
	Kinship, Religion, Education, Economic system and Judiciary Structural	
	aspects - Norms, Values, Folkways & Mores - Family, Marriage,	
	Education, Economy, Polity, Religion	
	Social Problems - Major Social Problems in India- Causes and factors responsible for Social problems, Untouchability, Slavery, Domestic violence	
	,Dowry, Social Movements	

SelfUnit-VSocial ProblemsStudy

Books for References

- 1. Madan, G.R. (2002) .Indian Social Problems, Mumbai : Allied Publishers Pvt. Ltd
- 2. Morgan, C.T., King, R.A., Weisz, J.R., & Schopler, J (2004) *Introduction to Psychology*. New Delhi: Tata McGraw-Hill book Co.
- 3. Ram Ahuja (2014)Social Problems in India , Third Edition , Rawat Publications

Rawat, H. (2007). Sociology Basic Concepts. Jaipur: Rawat Publications

- 4. Shah, G. 1990. Social Movements in India: A Review of Literature. New Delhi: Sage Publications.
- 5. Zastrow, C. & , K. (2010). *Understanding Human Behavior and the Social Environment*. Chicago: Nelson-Hall.
- Elgin, F.H.& David, C.(2017), Social Science- An Introduction to the Study of Society. (13thed.). Newyork: Pearson
- 7. Hutchison, E. (2007). *Dimensions of Human Behavior: Person and Environment*. Thousand Oaks: Sage Publications, Inc

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- 1. www.egyankosh.ac.in/handle/123456789/43
- 2. https://www.epw.in
- 3. https://onlinelibrary.wiley.com
- 4. <u>https://www.frontiersin.org</u>
- 5. https://sagepub.com
- 6. https://ir.inflibnet.ac.in

	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6
	1							1		3		5	
CO1	1	3	1	3	3	2	2	3	3	2	3	1	2
CO2	1	3	2	1	1	1	1	2	2	1	1	2	1
CO3	1	2	2	2	2	3	2	3	3	3	3	2	2
CO4	2	3	2	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	3	3	3	3	3	3	3	3	3	2
CO6	2	2	2	2	2	1	1	1	2	2	1	1	1
Total	10	16	12	14	14	13	12	15	16	14	14	12	10
Avera ge	1.7	2.7	2	2.3	2.3	2.2	2	2.5	2.7	2.3	2.3	2	1.7

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

3 – Strong

COMMUNICATION FOR SOCIAL WORK

Course	L	Т	Р	S	Credits	Inst.Hours	Total		Marks	
Code							Hours	CIA	External	Total
WP231AE1	1	1	-	-	2	2		25	75	100

Prerequisites: Basic Understanding of Communication

Learning Objectives

- 1. To understand the nuances of communicating with the clientele systems
- 2. To learn the skills and strategies of group discussion
- 3. To enhance the skills required for attending interviews
- 4. To develop a perspective of different types of professional writing
- 5. To acquire the required non-verbal communication skills

Course Outcomes	
On the successful completion of the course, student will be able:	
CO1: To identify the significance of public speaking	K2
CO2: To demonstrate the skills of group discussion	K3
CO3: To apply the knowledge and skills of facing interviews	К3
CO4: To analyse and develop writing skills required for social work practice	K4
CO5: To evaluate the impact of body language on communication	K5
CO6: To develop the communication skills as a whole	K6

Units	Contents	No. of. Hours
Ι	Public Speaking: Power of public speaking; Developing	6
	Confidence; Planning; Preparation; Successful and effective delivery of Speech	
П	Group Discussion: What is a group discussion; Why are group discussions held? Preparation for group discussions; Skills for effective preparation; Traits tested in a group discussion; Initiating the group discussion; Non-verbal communication in group discussion; Types of group discussions	6
Ш	Interviews: Interviews in the 21 st century; Developing an Interview strategy; Taking care of details; Practising for interviews; During the interview; Stress Interviews; Traditional interviews	6
IV	Writing skills: Basics of writing; Writing paragraphs; Writing letter and e- mails; Writing research articles; Report writing; Writing a CV	6
V	Non-verbal Communication:What is Body Language? Types of Non-verbal Communication – Facialexpression, Body movement & posture, Gestures, Eye contact, Touch,Space, Voice; Evaluating non-verbal signals	6

Books for References

1. Dasarda, Sheetal. (2015). Master the Group Discussion& Personal Interview. Chennai:Notion Press.

2. Lees, John. (2017). Knockout Interview. UK: OPU

3. Lundlow, Ron and Fergus Panton. 1995. Effective communication. New Delhi: Prentice- Hall of India Private Ltd.

4. Mathur, Dinesh. (2018). Mastering Interviews and Group discussion. Chennai: CBS Publishers

5. William, Phil. (2018). Advanced Writing skills for students of English .Rumain publishing

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- 1. https://www.inc.com/deborah-grayson-riegel/how-to-use-notes-when-public-speaking-without-losing-your-audience.html
- 2. https://www.coursera.org/articles/public-speaking
- 3. https://www.simplilearn.com/group-discussion-tips-article
- 4. <u>https://www.helpguide.org/articles/relationships-communication/nonverbal-communication</u>
- 5. https://owl.purdue.edu/owl/job_search_writing/resumes_and_vitas/writing_the_cv.ht

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			ANI) PRO	GRAM	IME SF	PECIFI	C OUI	COME				
	PO	PO2	PO	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO5	PSO
	1		3					1		3			6
CO1	1	3	1	3	3	2	2	3	3	2	3	1	2
CO2	1	3	2	1	1	1	1	2	2	1	1	2	1
CO3	1	2	2	2	2	3	2	3	3	3	3	2	2
CO4	2	3	2	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	3	3	3	3	3	3	3	3	3	2
CO6	2	2	2	2	2	1	1	1	2	2	1	1	1
Total	10	16	12	14	14	13	12	15	16	14	14	12	10
Average	1.7	2.7	2	2.3	2.3	2.2	2	2.5	2.7	2.3	2.3	2	1.7

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

3 – Strong

2 – Medium

1 – Low

		KUK	AL	CAI	MP					
Course	L	Т	Р	S	Credits	Inst.Hours	Total		Marks	
Code							Hours	CIA	External	Total
WP231PC1	-	-	-	-	2	-	_	25	75	100

RURAL CAMP

Prerequisites: Basic Understanding of the Social Work methods

Learning Objectives:

- 1. To understand the socio-economic and cultural conditions of rural life and work collaboratively as a team with a positive approach.
- 2. To integrate into practice, essential life values, like simple living, living with minimal facilities, and putting into practice the concept of dignity of labour and self-discipline.
- 3. To facilitate exposure by working with underprivileged citizens, including children, women, youth, and senior citizens, as well as oppressed groups including dalits, bonded laborers, and tribal people.
- To develop suitable skills in processes like decision-making, planning, Organizing, and executing plans of action, coordinating, recording and report writing.
- 5. To utilize street theatre and other types of traditional art forms to create awareness on social issues

Course Outcomes	
On the successful completion of the course, student will be able:	
CO1: To understand the key features of rural life and its realities	K1
CO2: To illustrate skills for group living and interpret its dynamics.	K3
CO3: To Demonstrate skills for organizing, planning, executing tasks, and identifying as well as mobilizing resources.	K3
CO4 : To be sensitive to the socio-political and cultural implications in rural life, especially among marginalized and vulnerable groups	К3
CO5: To Design and create contextual programs to address rural concerns affecting the locality.	K5
CO 6 : To develop Professional Skills and utilised it in the field.	K6

Phase	Contents	No. of.
		Hours
Ι	Pre-Camp and Form Committees	-
	Identify & Form Committees	
	Describe Committee Roles & Member's Responsibilities	
	Engage in Committee Tasks	
	Involve in Pre-Camp Planning	
II	 Pilot Visits & Finalization of Camp Site Prepare for Pilot Visits 	-
	• Undertake the Visits	
	Present&engageinCriticalEvaluation	
III	Finalization of Camp Theme & Camp Schedule	-
	• Engage in analyticale valuation and finalization of camp theme	
	Draft the Camp Schedule	
	Demonstrate Leadership Initiatives	
IV	On-Camp Phase	-
	Accomplishment of Course Objectives	
	Analysis on Rural Socio-Political & Economic Realities	
	Hands-on Exposure to Participatory Rural Appraisal	
	• Inputs on Local Governance & Administration through Local Leaders	
	Engage in Manual Labour	
	Involve in Community Visits - Interaction with People	
	&Subsequent as s e s s m e n t s	
	• Be part of Various Teams to execute	
	Rural Camp related tasks	
	• Participate in evolving need-based programmes using theatre	
	skills & indigenous folk arts to address concerns	
	Observed in the community	
	• Appreciate the need for Group Living	
	• Practice the art of accommodative reciprocal symbiosis	
	Contextual Self- Reflection Self-Analysis Sharing of the self-the	
	 & Sharing of consolidated and cumulative understanding of the process and outcome Develop for Professional Development 	
	process and outcome Develop for Trolessional Development	
	Post Camp Phase	
X 7	 Integrative Understanding on the Process and Procedures of Rural 	-
V	Realities & Group Living	-
	Reflective Evaluation	
	Individual Analytical Report	
	Group Presentation	
	Consolidated Batch Report	

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

	PO 1	PO2	PO 3	PO4	PO5	PO6	PO7	PSO 1	PSO2	PSO 3	PSO4	PSO5	PSO 6
CO1	1	3	1	3	3	2	2	3	3	2	3	1	2
CO2	1	3	2	1	1	1	1	2	2	1	1	2	1
CO3	1	2	2	2	2	3	2	3	3	3	3	2	2
CO4	2	3	2	3	3	3	3	3	3	3	3	3	2
CO5	3	3	3	3	3	3	3	3	3	3	3	3	2
CO6	2	2	2	2	2	1	1	1	2	2	1	1	1
Total	10	16	12	14	14	13	12	15	16	14	14	12	10
Avera ge	1.7	2.7	2	2.3	2.3	2.2	2	2.5	2.7	2.3	2.3	2	1.7

3 – Strong

2-Medium

1 – Low

FIRST YEAR: SEMESTER II COMMUNITY ORGANIZATION AND SOCIAL ACTION

Course Code	L	Т	Р	S	Credits	Inst. Hours	Total		Marks	
							Hours	CIA	External	Total
	4	2	-	-	4	6	90	25	75	100
PW232CC1										

Prerequisites: Basic Understanding of Community Organization and Social Action

Learning Objectives

- 1. To understand the use and practice of community organization in various fields of social work
- 2. To understand various phases and models of Community Organization
- To learn to apply Community Organization and Social Action as Methods of Social work.
- 4. To apply the models of Community
- 5. To develop skills and attitudes for participatory Community work and Social Action

On the successful completion of the course, student will be able:	
CO1 : To be aware of the concepts related to Community Organization	K1
CO2: To apply community Organization as a method of Social work in various	K3
settings.	
CO2. To understand and apply various Models of Community Organization	K)
CO3: To understand and apply various Models of Community Organization	K2
CO4: To understand the role of social work in Social Action and Social Reform for	K2
Social Development	
CO5: To critically analyze Social Movements from various dimensions .	K5
CO6: To apply Social Action as a method of Social Work	K3

Units	Contents	No. of. Hours
	Community Organization: Concept, Definition, History, Objectives, Goals and Components, Principles, community practice and community development. Community organization as a primary method of social work. Methods of Community Organization, Community Mobilization, Community Identification and diagnosis , Process and Phases of Community Organization- Community Relationship, Study, Analysis, Assessment, Discussion, Organization, Action, Evaluation, Modification and continuation.	
П	Application of Community Organization Practice in Various Settings: Application of Community Organization: Health, Education, Residential institutions, Livelihood and work, Natural resource management, Sustainable development, Working with tribal population, Disability, Working with rural and urban vulnerable communities, displaced population and rehabilitation, disaster response. Community organization as a social work process; Role and Skills of Community Organizer; Differentiating Community Organization and Community Development.	21
Ш	 Models of Community Organisation: Models of Community Organization Jack Rothman's 3 Models: Locality Development, Social Planning and Social Action; Mary Weil's Eight models; and Neighbour hood development model-System change Model-Structural change model 	21
IV	Social Action- As a method of Social Work: Social Work and Social Action: Concept, Objectives, Principles of Legitimization, Credibility building, Multiple strategies, Dramatization. Social Action in relation to Case work, Group Work, Social Work Research, Community Organization and Social Welfare Administration, Methods and Means of Social Action - Research, Propoganda, Use of Mass media. Scope of Social Action in India	21
V	Social Problems and Social Action: Role of Social Worker in Social Action: Social Activists (Irom Chanu Sharmila, Jignesh Maveni, Arunthathi Roy) and Social Action Groups with their significance of existence in India. Skills involved in Social Action- Analytical &Research Skills, Managerial, Intervention skills, Problem Skills and Training Skills. Social Movements. Approaches to Social Action- Freire, Gandhi (Sarvodaya), Alinsky, Radical social work; Rights based approach. Strategies for Social Action from various Social Movements. Indian Social Movements – Bhoodan ,Chipko movement, Satyagraha Gramdan, Narmada Bachao Andolan–The Singur Issue, Bodo and Gurkhaland Issues, Anna Hazare and the AamAdmi Movement	21

Self	Unit-V Approaches to Social Action
Study	

Books for References

- Gangrade, K.D. 2001. Working with Community at the grass root level: Strategies and programmes. New Delhi: Radha Publications
- Hardcastle, D., Powers, P. and Wenocur, S. (2011). Community Practice: Theories and Skills for Social Workers. New York: Oxford University Press.
- Jack Rothman, etal. (2001). Strategies of community interventions & Macro practices – Peacock Publications, 6th Edition
- **4.** Ross Murray G, Community Organisation: Theory and Principles, Harper and Row Publication New York, 1985
- 5. Siddhiqui, H.Y. (1997). Working with community. New Delhi: Hira Publication

Web Resources

- 1. https://egyankosh.ac.in/handle/123456789/28953
- 2. https://www.ignou.ac.in
- 3. https://www.researchgate.net
- 4. https://www.socialworker.com
- 5. <u>https://ctb.ku.edu</u>

	AND PROGRAMME SPECIFIC OUTCOME													
	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6	
	1							1		3		5		
CO1	1	1	1	1	1	1	1	3	2	1	1	1	1	
CO2	2	3	3	3	2	3	3	3	3	3	2	3	2	
CO3	3	3	3	3	3	3	3	3	2	3	3	3	3	
CO4	2	3	3	2	2	2	2	3	2	2	2	2	3	
CO5	3	3	3	2	3	3	3	3	3	3	3	3	3	
CO6	3	3	3	3	3	3	3	3	3	3	3	3	3	
	14	16												
Total			16	14	14	15	15	18	15	15	14	15	15	
Avera	2.3													
ge		2.7	2.7	2.3	2.3	2.5	2.5	3	2.5	2.5	2.3	2.5	2.5	

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

3 – Strong

2– Medium

FIRST YEAR: SEMESTER II SOCIAL WORK RESEARCH AND STATISTICS

Course Code	L	Т	Р	S	Credits	Inst. Hours	Total	Marks		
							Hours	CIA External		Total
PW232CC2	4	2	-	-	4	6	90	25	75	100

Prerequisites: Basic Understanding of Social Problems

Learning Objectives

- 1. This course will deal with research problems, construction of hypotheses, testing, research designs, sampling concepts, etc.
- 2. The probability and non-probability methods are used to help a researcher make conclusions or arrive at decisions at a larger group.
- 3. This course will help in learning the types of social work research that are commonly used.
- 4. This course is the process that throws light on the research works during data collection, and codification and interpretation of the data.
- **5.** This explains and interprets a variety of hypotheses to aid the decision-making process in are search context

On the successful completion of the course, student will be able:	
CO1: To recall the concepts of Social Work Research and identify its nature.	K1
CO2: To explain the scientific process and ethical issues	K2
CO3: To apply the research design for data collection and sketch the tools.	К3
CO4 : To formulate hypothesis for the research problem and carryout data analysis	K4
CO5: To evaluate the research problem based on statistical methods.	K5
CO6: To develop the Research Projects in Social Work.	K6

Units	Contents	No. of. Hours
Ι	Introduction to Social Work Research : Social Work Research: Concept,	21
	Definition, Objectives, Scope, Characteristics and Functions –Types of	
	Research: Pure and Applied Research – Difference between Social Work	
	Research and Social Research. Scientific method in Social Work	
	Research –	
	Need and importance of evidence-based practice. Ethical issues in Social	
	Work Research – Formation of Ethics Committee.	
II	Basic Elements of Scientific method: Basic Elements of Scientific	21
	method: Concept, Variable, Facts and Theory. Cause-Effect relationship	
	and relevance to Social Work Research. Identification and	
	Formulation of Research	
	Problems, Construction of Hypothesis and testing, Research Designs.	
III	Research Methodology: Sampling: Concept, Definition and Importance –	21
	Techniques of Sampling: Probability and Non-Probability sampling –	
	Sources and Types of Data - Methods and Tools of Data Collection -	
	Qualitative and Quantitative Research methods, Participatory Research	
	methods. Pre-test and pilot study, Scaling techniques: Reliability and	
	Validity – Data Processing: Coding, Editing, Tabulation, Analysis	
	and Interpretation – Research	
	Reporting, Preparation of Research Proposals.	
IV	Statistics: Statistics: Meaning, Need, Importance, and limitations of	21
	Statistics in Social Work Research – Frequency Distribution - Construction	
	of Frequency Tables- Diagrammatic and Graphical Representation.	
	Measures of Central tendency: Mean, Median and Mode - Measurers of	
	dispersion: Range, Quartile deviation, Standard deviation - Test of	
	significance: t-test, Analysis	
	of Variance (ANOVA), Chi-Square test – Correlation.	
	Computer Applications in Social Research: Computer Applications in	
V	Social Research - Use of Computers for Data Analysis – Introduction to	21
	Statistical Package for Social Sciences (SPSS)/R: Introduction, basic steps,	
	defining data, data entry, data transformation, and data analysis -	
	Statistical	
	application.	

Self	Unit-III Preparation of Research Proposals
Study	

Books for References

- 1. AnandS,2002, Research Methods and Techniques in Social Science, Common wealth Publishers, New Delhi.
- 2. AhujaR,2010, Research Methods, Rawat Publications, Jaipur.
- Anderson, D. R. (2014). Statistics for learners of Economics and Business. Boston: Cengage Learning.
- 4. Bryman A, 2004, Social Research Methods, Oxford University Press, New York.
- 5. BabbieE,2013, The Practice of Social Research,13th Edition Cengage Learning ,USA.

Web Resources

- 1. www.campbellcollaboration.org
- 2. www.cochrane.org
- 3. www.rip.org.uk
- 4. https://abhatt@usf.edu
- 5. https://www.cengage.com

					1							r	
	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6
	1							1		3		5	
CO1	2	2	2	2	1	2	2	2	2	2	2	1	2
CO2	2	3	2	2	2	2	2	3	3	2	2	2	2
CO3	3	3	3	3	3	3	3	3	3	3	3	3	3
CO4	3	3	3	3	3	2	2	3	3	3	3	2	3
CO5	3	3	3	3	3	3	3	3	3	2	3	2	3
CO6	3	3	3	3	3	3	3	3	3	3	3	3	3
Total	16	17	16	16	15	15	15	17	17	15	16	13	16
Average	2.7	2.8	2.7	2.7	2.5	2.5	2.5	2.8	2.8	2.5	2.7	2.2	2.7

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

3– Strong

2 – Medium

1 - Low

FIRST YEAR: SEMESTER II SOCIAL WELFARE ADMINISTRATION, SOCIAL POLICIES AND SOCIAL LEGISLATIONS

Course Code	L	Τ	Р	S	Credits	Inst. Hours			Marks	
							Hours	CIA	External	Total
PW232CC3	4	2	-	-	4	6	90	25	75	100

Prerequisites: Basic Understanding of social policies & legislations

Learning Objectives:

- 1. To understand the basic concepts of social welfare administration
- 2. To make aware of the registration of NGOS
- 3. To acquire knowledge about social work agencies
- 4. To describe social policy, planning and programmes
- 5. To know the social legislation

On the successful completion of the course, student will be able:						
CO1: To acquire knowledge about social welfare administration and structure of	K1					
social welfare administration in India.						
CO2 : To understand the basic process of registering, managing and	K2					
administrating welfare agencies in the context of social work profession						
CO3: To describe the structure of social welfare administration in India and	K3					
social welfare programmes and policies.						
CO4: To analyse the nature of social policy, planning and development in India						
CO5: To evaluate and analyse social legislation enforcement and challenges						
CO6: To collaborate with the government department and NGOs function	K6					
for development of the people						

Units	Contents	No. of. Hours
Ι	Social Welfare Administration: Meaning and definition of Social Welfare Administration and Social Work administration; Purpose, historical development. principles, functions and areas (Policy making, planning, personnel, supervision, office administration, budgeting, finance, fund raising, accounting, auditing, purchase and stock keeping, record maintenance, coordination, public relation, monitoring and evaluation, research, annual report)	21
Ш	Social Welfare Agencies: Development of Social Welfare in India; Voluntary Social Work. Social Agencies: Meaning, definition, type and models of NGOs; Roles of NGOs in National Development. Types of NGO Registration and procedure; Societies Registration Act 1860, Indian Trusts Act 1882 and Companies Act, 2013	21
Ш	Governmental Schemes on Social Welfare . Social Welfare Administration at national, state and local levels; CSWB (Central Social Welfare Board), State Social Welfare Board, Directorate of Social Welfare and Handicapped Welfare. Social welfare policy: Evolution and Constitutional base, policies & programmes for the Weaker Section of the community (women, Children, Aged, handicapped & other backward caste (OBCs), Scheduled Caste (SCs), Scheduled Tribes (STs) and De-Notified Communities.)	21
IV	Social Planning and Social Development: Social planning and community planning, Need and importance. Planning machinery at the state & National levels; Five year plans; Social development: Concept and indicators for social change and social development in India.	21
V	Social Legislation : Definition and role legislation in social change, constitutional basis for social legislation: Fundamental Rights and Directive Principles of state Policy; laws related to Laws Related to Marriage: Hindu, Muslim, Christian, and Personal Laws Relating to Marriage.: Laws Relating to Divorce, Minority, and Guardianship; Adoption, Succession, and Inheritance.	21
	Legislation Relating to Social Problems such as Prostitution, Juvenile Delinquency, Women Harassment Child Labour, Untouchability, Physical, and Mental Disabilities	

Self	Unit-IV	Social planning and Social Development
Study		

BOOKS FOR REFERENCES

- 1. Choudry, Paul (1979), Social Welfare Administration, Atma Ram & Sons, Delhi.
- 2. Choudry Paul, (1979) Hand book on social welfare in India, Sterling Pub, New Delhi.
- 3. Dennison.D&Chepman, Valeries Social policy and Administration, George A and Unwin,London.
- 4. Dubey S.N. (1973) Administration of social welfare programmes in India, Somaiya Pub, Bombay.
- 5. Dubey S.N. &Murdia (1976) Administration of policy and programmes for Backwardclassess in India, Somaiya Pub, Bombay.
- 6. Gangrade , K.D(2011) Social legislation in India Vol.I&II, New Delhi: Concept publishing Company
- 7. Goel. S L & R K Jain (2000) Social Welfare Administration (Vol. I & II); Deep & Deep Publications
- Jagadeesan. P.(1990) Marriage and Social legislations in Tamil Nadu, Elachiapen Pub, Chennai

Web Resources

- 1. <u>https://socialjustice.gov.in/</u>
- 2. https://vikaspedia.in/social-welfare
- 3. https://rtuassam.ac.in/online/staff/classnotes/files/1624631410.pdf
- 4. https://wcd.nic.in/
- 5. https://main.mohfw.gov.in/

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

					ROU				<u>, 0010</u>				
	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6
	1							1		3		5	
CO1	1	1	1	1	1	1	1	2	2	2	3	3	2
CO2	1	1	1	1	1	1	2	2	3	2	3	3	2
CO3	2	3	3	2	2	3	3	2	2	2	3	2	3
CO4	2	3	3	2	3	3	3	3	3	3	3	2	3
CO5	2	3	3	3	3	3	3	3	3	3	3	3	3
CO6	3	3	3	3	3	3	3	3	3	3	3	3	3
Total	11	14	14	12	13	14	15	15	14	15	18	16	16
Average	1.8	2.3	2.3	2	2.2	2.3	2.5	2.5	2.3	2.5	3	2.7	2.7

3 – Strong

2 – Medium

FIRST YEAR: SEMESTER II FIELD WORK - II

Course Code	L	Т	P	S	Credits	Inst.Hours	Total		Marks	
							Hours	CIA	External	Total
PW232CC4	4	2	-	-	4	6	90	50	50	100

Prerequisites: Basic Understanding of Non-Governmental Organizations

Learning Objectives:

- 1. To observe and understand the dynamics of setting up a social welfare Organization
- 2. To observe the nature of their functioning and funding resources
- 3. To learn about the staff functioning and of application of Social Work methods
- 4. To document and learn the process of recording
- 5. To Understand basic skills required to practice Social Work

On the successful completion of the course, student will be able:	
CO1:To integrate the classroom learning with field practice - the knowledge related to different field settings- establishment of NGO'S and its work with the beneficiaries	K1
CO2 : To understand the nature of the NGO'S functioning and funding resources	K2
CO3: To apply, evaluate and follow up appropriate methods of Social Work in the field	K3
CO4: To apply and practice skills acquired in the process of dealing with clients and establish rapport	K3
CO5: To assess the concept of field learning and learn about working in different settings	K5
CO6: To learn the process of documentation and recording	K6

Units	Contents	No. of.
		Hours
Ι	Organizational Profile: History of the Agency, Vision, Mission,	21
	Organization Chart, funding resources, different types of beneficiaries,	
	its work in the field, networking agencies	
II	Various Methods of Social Work – Skills required in the practice of Case	21
	work, Group Work, community organization and Social Research.	
	Evaluation of the effectiveness of methods and critical review.	
III	Expertise of the Agency – Agency's success story, challenges faced, SWOT	21
	analysis, vision and mission	
IV	Services provided by the agency to the beneficiaries- Follow up and	21
	termination of services, adherence to professional ethics.	
	Social Legislation: Legislations applicable to the Organization,	
\mathbf{V}	functioning of free legal aid clinics, legal support services to clients	21

Self	Unit-v Legal support services to clients
Study	

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

-					ROOI					UNIL			-
	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6
	1							1		3		5	
CO1	1	1	3	1	3	3	3	2	3	3	3	3	3
CO2	1	2	2	2	2	2	2	3	2	2	3	3	2
CO3	2	3	3	2	3	3	2	3	2	3	3	2	2
CO4	2	3	3	3	3	3	2	3	3	3	3	3	3
CO5	3	3	3	3	2	3	3	3	3	2	2	2	2
CO6	3	3	3	3	3	3	3	3	3	2	3	3	3
Total	12	15	17	14	16	17	15	17	16	15	17	16	15
Average	2	2.5	2.8	2.3	2.7	2.8	2.5	2.8	2.6	2.5	2.8	2.7	2.5

3 – Strong 2 – Medium 1 - Low

FIRST YEAR: SEMESTER II ENTREPRENEURSHIP DEVELOPMENT

Course Code	L	Т	Р	S	Credits	Inst.Hours	Total		Marks	
							Hours	CIA	External	Total
PW232EC3	3	1	-	-	3	4	90	25	75	100

Prerequisites:

Interest and Basic Understanding in business Learning

Objectives:

- 1. To understand the concept of Entrepreneur and Entrepreneurship development in India
- 2. To acquire skills and techniques required for successful entrepreneur
- 3. To develop the ability to critically analyse scope and challenges of entrepreneurship
- 4. To develop and understanding about different schemes and program related to entrepreneurship in India
- 5. To identify the settings and fields to start up a social enterprise for social change

On the successful completion of the course, student will be able:	
CO1: To be aware about the concept, Entrepreneur and Entrepreneurship development in India.	
CO2: To bring a change in the society by applying entrepreneurial tool.	
CO3: To relate the theories of entrepreneurship development.	
CO4: To apply the competencies and skills of an entrepreneur in the field.	
CO5: To analyse the different schemes and policies related to entrepreneurship for personal and professional development	
CO6 : To create an enterprise to solve a social problem	

Units	Contents	No. of. Hours
Ι	Introduction to Entrepreneurship: Meaning and concept of	21
	Entrepreneurship, Types of Entrepreneurships -creative entrepreneurship,	
	inclusive entrepreneurship, knowledge entrepreneurship. Evolution of term	
	'Entrepreneurship, Factors influencing entrepreneurship'. Entrepreneurship	
	development in India. Scope of entrepreneur development. Barriers	
	toentrepreneurship	
II	Entrepreneur types and characteristics: Entrepreneur- definition, Types	21
	<mark>of</mark>	
	Entrepreneurs –Social entrepreneur, Serial entrepreneur, Life style	
	entrepreneur. Entrepreneurial characteristics. Stages in Entrepreneurial	
	process. The changing role of the entrepreneur	
III	Theories of Entrepreneurship: Influences on entrepreneurship	21
	development; External influences on entrepreneurship development; Women	
	entrepreneurs: Challenges and achievements of women entrepreneurs	
IV	Social Entrepreneurship: Meaning, definition: Social entrepreneur, social	21
	entrepreneurship, social enterprises. Characteristics of Social Entrepreneur-	
	social catalysts, socially aware, opportunity seeking, innovative,	
	resourceful, accountable. Differences between Business and Social	
	entrepreneur, Entrepreneurship and Social Entrepreneurship. Social	
	Entrepreneurship in	
	developing countries and in India.	
	Entrepreneurship Development and Government: Entrepreneurship as a	
\mathbf{V}	tool for social change, Innovation and inventions, Skills of an entrepreneur	21
	Role of Central Government and State Government in promoting	
	entrepreneurship with various incentives, subsidies, grants, programs,	
	schemes	
	and challenges. Government initiatives and inclusive entrepreneurial Growth.	

Self	Unit-IV	Social Entrepreneurship
Study		

Books for References

- Desai, Vasant, Dynamics of Entrepreneurship: New Venture Creation, Prentice-Hall of India, New Delhi, Latest edition.
- Holt H. David, Entrepreneurship: New Venture Creation, Prentice- Hall of India, New Delhi, Latest edition. Bornstein, David, how to change the world: social entrepreneurs and the power of new ideas New York, Ny: oxford university press, 2004

- 3. Patel, V. G., The Seven Business Crises and How to Beat Them, Tata McGraw-Hill, New Delhi, 1995.
- 4. Roberts, Edward B.(ed 2002.), Innovation: Driving Product, Process, and Market Change, San Francisco: Jossey Bass,
- 5. Zimmerer W. Thomas, Norman M. Scarborough (2007), Essentials of Entrepreneurship and Small Business Management, PHI,4 ed.

Web Resources

- 1. https://www.iare.ac.in/
- 2. <u>https://www.creditmantri.com/</u>
- 3. https://startuptalky.com/
- 4. https://www.yourarticlelibrary.com/
- 5. <u>https://openstax.org/books/entrepreneurship/pages/14-1-types-of-resources</u>

	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6
	1							1		3		5	
CO1	1	2	3	1	1	1	1	1	1	1	3	1	1
CO2	1	2	1	2	3	1	1	1	2	1	1	2	2
CO3	1	1	3	1	3	2	2	3	1	3	3	1	1
CO4	1	1	1	3	2	3	2	2	3	3	2	3	3
CO5	2	2	3	3	2	3	3	3	3	3	3	3	3
CO6	3	2	3	3	3	2	3	3	3	3	3	3	3
Total	9	10	14	13	14	12	12	13	13	14	15	13	13
Average	1.5	1.8	2.3	2.2	2.3	2	2	2.2	2.2	2.3	2.5	2.3	2.3

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

3 – Strong

2 – Medium

1 - Low

FIRST YEAR: SEMESTER II GREEN SOCIAL WORK

Course Code	L	Т	Р	S	Credits	Inst.Hours				
							Hours	CIA	External	Total
PW232EC4	3	1	-	-	3	4	90	25	75	100

Prerequisites: Basic Understanding of Role of Social Worker in Environment **Learning Objectives:**

- 1. To understand the concepts of Green Social Work, Ecology, Environment, and Energy resources
- 2. To analyse the impact of Globalization, Industrialization, and Urbanization
- 3. To enhance the knowledge on various issues on the environment
- 4. To enable the professional social workers to understand the roles and responsibilities to protect the Environment
- 5. To gain knowledge about Environment and Management

On the successful completion of the course, student will be able:	
CO1: To be aware of the concepts of Ecology, Environment and Green Social Work	
CO2: To understand the causes of environmental issues and its adverse effects.	
CO3: To apply the appropriate measures to control and reduce the issues.	
CO4: To analyze the Environmental management systems and justice.	
CO5: To implement the roles and responsibilities to preserve and protect our environment	
CO6: To deal with environmental issues and apply suitable interventions	

Units	Contents	No. of. Hours
I	Basic Concepts: Ecology, Environment, Environmental Justice, Climate change, Global warming, Green Transition, Ozone Depletion, biodiversity, deforestation & desertification – Meaning & Concept. Green Social Work - Definition, Importance, Challenges in implementing Green Social Work & GSWN (Green Social Work Network). Natural resources - Concept and types. Ecosystem – Concept, Functions & Types.	21
II	Development and its adverse effects on Environment : Technology, Industrialization, SEZ Urbanization and Globalization, Commercialization of Agriculture – changing land use patterns and the rural society. Construction of Dams and its consequences - Displacement, relocation and rehabilitation, Deforestation and Ecological Imbalance.	21
Ш	Environmental Issues and Control measures: Environmental Pollution: Causes, effects and control of pollutions: – Air, Water, Soil, Noise, Radioactive. Waste Management; Pollution - Air, Water, Soil, Noise and Solid waste Management. Use of non-conventional sources of Energy. The Environment Protection Act 1986 - Air Pollution Act 1987 – Water Pollution Act 1974, Wildlife Protection Act, Forest Conservation Act. National Environment policies, National green tribunal, Environment Issues in India.	21
IV	Environment Action and Management: Environmental conservation and preservation: Rio+20 & SDGs (6,7,11,12,13&15). Paris Summit and its implications: Environment Management System: Traditional knowledge and practice: Environmental justice.	21
V	Role of Social Worker in Environment Protection and Preservation:Environment Ethics. Environmental Management: Role of Government and NGOs in environment protection and development. Green protocol, Green Social Work Initiatives. Promotion Environment Movements. The Chipko Movement, Narmada BachaoAndolan, Silent Valley Movement	21

Self	Unit-V Environment Ethics
Study	

Books for References

- 1. Alka Verma (2015) Green Social Work Environmental Protection, Pentagon Press.
- 2. Andromeda. 1995. New Science encyclopedia: Ecology and environment. Oxford Publishers. London
- 3. Aravind Kumar. 2008. Environmental Resource Management. Daya Publishers. New Delhi:
- 4. Aray and Abbasi 1995. Urbanisation and its Environmental Impacts. New Delhi: Discovery
- 5. Asthana. D.K. 2001. Environmental Problems and solutions. S. Chand publishers. New Delhi.
- 6. Barrow CJ (2006) Environmental Management for Sustainable Development, Routledge Taylor & Francis Group
- 7. Dash Sharma P. 1998. Environment Health and development. Anmol Publishers. New Delhi.

Web Resources

- 1. https://www.india.gov.in/official-website-ministry-environment-and-forests-0
- 2. https://moef.gov.in/en/rules-and-regulations/environment-protection/
- 3. http://www.indiaenvironmentportal.org.in/
- 4. http://www.envis.nic.in/
- 5. https://cpcb.nic.in/
- 6. https://www.aasw.asn.au/victoria/green-social-work-network

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6
	1							1		3		5	
CO1	1	2	1	1	1	1	1	1	1	1	1	3	1
CO2	1	3	1	2	1	2	1	3	1	1	1	3	2
CO3	3	3	3	3	1	1	2	2	3	3	3	2	1
CO4	3	3	3	3	1	2	2	3	2	2	3	2	2
CO5	3	3	3	3	2	3	3	3	3	2	2	2	3
CO6	3	3	3	3	2	3	3	3	3	3	3	3	3
Total	14	17	14	15	8	12	12	15	13	12	13	15	12
Average	2.3	2.8	2.3	2.5	3	2	2	2.5	2.2	2	2.2	2.5	2

3 – Strong

2 – Medium

1 - Low

LIFE SKILLS FOR SOCIAL WORK

Course Code	L	Τ	Р	S	Credits	Inst.Hours	Total	Marks		
							Hours	CIA	External	Total
WP232AE2	1	1	-	-	2	2	90	25	75	100

Prerequisites: Basic Understanding of Life Skills

Learning Objectives

- 1. To learn about Life skills and self.
- 2. To understand the importance of communication & interpersonal relationships.
- 3. To equip the student with higher order thinking.
- 4. To help the students to handle emotions.
- 5. To make the students face the challenges

K2
K3
K3
K4
K5
K4

Units	Contents							
I	Life skills -Self-awareness & Empathy: Life Skills -Meaning, Significance and overview of WHO Life skills. Self-awareness: Definition, concept of self, Techniques used for Self-awareness- Johari window and SWOC analysis. Empathy: concept of empathy.	6						
П	Communication and Interpersonal Skills:Communication –definition,Types, channelsandbarriers.Transactional analysis.Interpersonal relationship – Definitions, factors affecting relationship,Steps to improve interpersonal relationship.							

III	Creative and Critical Thinking: Creative Thinking: Meaning, Concept,	6
	strategies to improve thinking. Critical Thinking: Meaning, Concept,	
	strategies to improve thinking. Functions of Left and right Brain.	
IV	Coping skills: Coping with Stress: Definition, meaning, causes, reaction,	6
	types, stress Management. Coping with Emotions: understanding	
	emotions, types, strategies to manage emotions. Importance of IQ and EQ.	
	Resilience: Meaning and its importance.	
	Problem Solving and Decision Making: Problem solving: concept, steps	
\mathbf{V}	in problem. Decision making: Goal setting and Time Management,	6
	SMART Goals, steps in decision Making and techniques. Conflict:	
	Meaning, Types and ways to resolve Conflict.	

Books for References

- Arvind M Nawale , 2018, An Introduction to Life Skills A Textbook for College Students
- 2. GowraMahajan, 2022, Life Skill Education, Shipra Publishers
- 3. Erin Murphy-Graham, Joan DeJaeghere, 2021, Life Skills Education for Youth ,Critical Perspectives, Springer International Publishing
- 4. Joan De Jaeghere, Erin Murphy-Graham , 2 021, Life Skills Education for Youth: Critical Perspectives
- 5. Larry James (2016); "The First Book of Life Skills"; First Edition; Embassy Books.
- 6. Saravanakumar, 2020, Life Skill Education Through Lifelong Learning, Lulu Pub.

Web Resources

- 1. https://www.unicef.org/azerbaijan/media/1541/file/basic%20life%20skills.pdf
- 2. https://www.unodc.org/pdf/youthnet/action/message/escap_peers_07.pdf
- 3. https://aif.org/wp-content/uploads/2018/10/Lifeskills-2018a_MAST.pdf
- 4. http://www.essentiallifeskills.net/
- 5. http://www.unicef.org/lifeskills/index_whichskills.html
- 6. http://www.exforsys.com/career-center/life-skills.html

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	PO	PO2	PO3	PO4	PO5	PO6	PO7	PSO	PSO2	PSO	PSO4	PSO	PSO6
	1							1		3		5	
CO1	1	2	1	1	1	1	1	1	1	1	1	3	1
CO2	1	3	1	2	1	2	1	3	1	1	1	3	2
CO3	3	3	3	3	1	1	2	2	3	3	3	2	1
CO4	3	3	3	3	1	2	2	3	2	2	3	2	2
CO5	3	3	3	3	2	3	3	3	3	2	2	2	3
CO6	3	3	3	3	2	3	3	3	3	3	3	3	3
Total	14	17	14	15	8	12	12	15	13	12	13	15	12
Average	2.3	2.8	2.3	2.5	3	2	2	2.5	2.2	2	2.2	2.5	2

MAPPING WITH PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOME

3 – Strong

2-Medium

1 - Low

Content addressed with Employability
Content addressed with Entrepreneurship

** All the courses focused on skill development